

HAPPENING NOW @ MERRITT 7

Community Newsletter | Winter 2023

Introducing

WORKPERKS

Every day in the office is a chance to win!

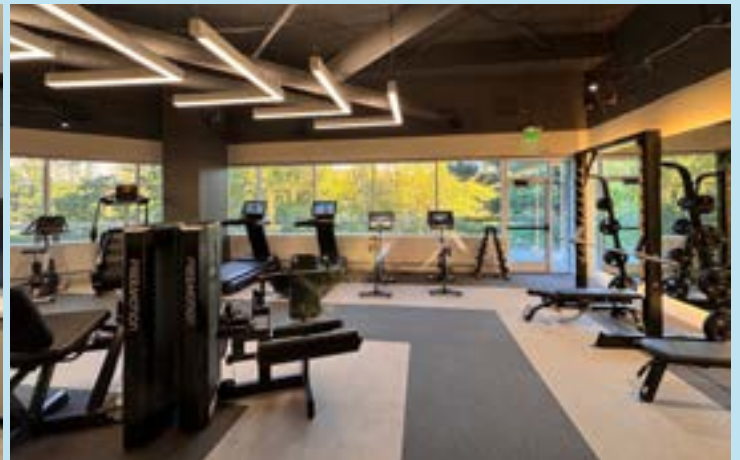
With winter setting in, we want to add a little something extra to your day at the office by **giving our tenants' employees a chance to win a \$500 GIFT CARD and other great prizes... just for coming into the office!** Every day you come into a Merritt 7 building, just scan the QR code displayed in the lobby, elevator, or parking lot every day for a chance to win. The more you come to the office, the more likely you are to win.

Only Merritt 7 tenants are eligible to win. One entry per person per day. The program will start in January and drawings will be announced one week prior. Good luck!



NOW OPEN!

NEW 301 CONFERENCE ROOM & FITNESS CENTER



Another season, another amenity debuts at Merritt 7! We are pleased to announce that the new amenity spaces at 301 are now open to all our tenants. The new 301 Conference Center features a separate pre-function area and flexible meeting space ideal for training or collaborating. The new Fitness Center features new state of the art resistance training and cardio equipment, including a Peloton station, and direct access to the Riverview Terrace. If you're looking for workplace spaces to boost your winter wellness or maximize productivity, Merritt 7 has you covered.

HAPPENING NOW @ MERRITT 7

Community Newsletter Winter 2023



Warming Up The Winter Workplace!

With winter in full swing, M7 is warming up the workplace with continued tenant events through the end of December! From fitness classes to holiday brunches and happy hours, we want to make every workday at Merritt 7 as enjoyable as possible!

AFTER WORK YOGA @ 401 4TH FI

Dec. 12 & Dec. 19
5:30PM - 6:30PM

LIVE MUSIC @ 301 Café

Dec. 13 & Dec. 20
12:00PM - 1:30PM

TEDDY BEAR & STUFFED ANIMAL DRIVE for Norwalk Hospital

All Buildings through Dec. 20

Check out the [Tenant Portal](#) for all the latest events and offerings!



John Busby | Property Manager
jbusby@marcuspartners.com

Michelle Savino | Senior Building Manager
msavino@merritt7.com

JoAnn McGrath | Leasing Director
jmcgrath@marcuspartners.com

Jennifer Rowe | Tenant Services
jrowe@merritt7.com



MERRITT 7 TRAIN STATION NEARING COMPLETION

The CTDOT recently announced that the supplies needed to complete our on-site Metro North station are arriving this month! That means the train station's pedestrian bridge will be completed soon and the station should be open in the coming weeks to our tenants. We're excited to offer one more way to improve the M7 experience!



HELPING TO MAKE A POSITIVE IMPACT

Merritt 7 recently partnered with Ahmad Mickens to donate the equipment from our previous fitness center to [RF Youth Boxing Inc.](#), an organization that seeks to provide youth with access to an open and inclusive environment fostering connection, encouragement, and empowerment through the art of boxing. We are honored to help Mr. Mickens continue positively impacting the local community!

« SAY HELLO TO THE
M7 TEAM